

RACING RULES

All participants must strictly comply with the rules of racing laid down below and with specific information provided during official briefing sessions.

- 1. The Beachcomber Paddle Week is a competition open to all categories: Women, Men and Kids.
- 2. The Beachcomber Paddle Week is a competition open to participants of all levels: 'Pro' and 'Open'.
- 3. Paddle boards used by participants must be of a minimum length of 10' and a maximum length of 12'6". Only inflatable boards are allowed.
- 4. Starting and arrival procedures will be announced by the Race Director during official briefings and will be posted on the official notice board.
- 5. The rules of good seamanship shall apply fully and all times.
- 6. You are required to provide assistance to any person in difficulty and promptly inform the organisers.
- 7. Any withdrawal from a race must be reported to the organisers.
- 8. In any case where the Race Committee considers that a competitor is in danger and/or is endangering other competitors, the competitor in question may be withdrawn from a race brought on board one of the organisers' boats.
- 9. The organising committee of the Beachcomber Paddle Week 2014 shall not be held liable for any false statements made in the registration forms. In such cases, the organising committee of the Beachcomber Paddle Week 2014 reserves the right to exclude offenders without refund of registration fees.
- 10. Participants have a constant obligation to respect the environment, the sites used as well as other competitors, organisers, the public, the media, etc.!
- 11. Participation in the competition implies acceptance of the present regulations.



- 12. These regulations may be amended at any time by the organising committee of the Beachcomber Paddle Week 2014. These changes shall be notified to participants during official briefing sessions and posted on the official notice board. It is therefore <u>compulsory</u> for all participants to attend official briefing sessions.
- 13. If weather or safety conditions are not suitable to hold a race, the organisers reserve the right to cancel the race and arrange an alternative one.
- 14. The 'leash' must be worn at all times irrespective of the discipline.
- 15. In the event of adverse weather conditions, competitors must wear a 'shorty'-type isothermal wetsuit. In such cases, this provision will be announced by the Race Director during official briefing sessions and will be posted on the notice board.
- 16. All competitors must wear the Beachcomber Paddle Week 2014 lycra suits anytime they are on the water (official or unofficial races, training sessions, free outings or clinics).
- 17. The lycra suit must be worn on top of any other equipment (backpack, camel bag, etc.). The number on the lycra suit must be worn during any media interview (at the start and arrival of each race).
- 18. The lycra suit must be worn during the official prize giving ceremony.
- 19. No affixing of advertising branding, badge and/or distinctive sign is allowed on lycra.suits.

MANDATORY equipment for the Long Distance race:

- The maximum length of the tentative course for the Long Distance Race is 9km.
- 1 INFLATABLE paddle board measuring between 10' and 12'6".long
- 1 paddle
- 1 A 'shorty'-type isothermal wetsuit if required. Announcements will be made at the official briefings
- Participants must also bring along 'aqua shoes' for foot protection, high-protection sunglasses with a strap, high-protection waterproof sunscreen, a cap, a camel bag, etc
- 1 leash
- 1 towrope



- The competition's lycra suit
- Drinks and other vitamin supplements will be provided by the organisers.

<u>Withdrawal</u>: In case of withdrawal, competitors must signal distress by putting both arms above their head and move them up and down. They must promptly report their withdrawal to an assistance boat or inform another competitor close to them.

This other competitor will be responsible for promptly conveying the information to an assistance boat even if it means changing their course.

It is up to each competitor to critically assess their technical and physical ability to take part and stay in a race according to conditions encountered (sea and wind conditions, current, temperature, etc.).

WHEN THEY ARE IN A POSITION TO DO SO, ALL COMPETITORS MUST EXTEND EVERY POSSIBLE ASSISTANCE TO ANY COMPETITOR IN DANGER AND HELP THE ORGANISERS BY PROVIDING ANY VITAL INFORMATION IN THE EVENT WHERE RESCUE IS NECESSARY.